

It's time to change how we view a child's growth.

## 4 feet

## 5 years

says own name and address

attempts to please and be like friends

counts out 10 or more objects

understands the difference in fantasy and reality

## 4 years

speaks clearly and in sentences of 5 to 6 words

follows 3-step commands

pretends to be "mom" or "dad"

cooperates with other children and negotiates to solve conflicts

## 3 years

uses 4 to 5-word sentences

uses pronouns (I, you, me, we, they) and some plurals (cars, dogs, cats)

completes puzzles of 3-4 pieces

plays make-believe with dolls, animals, and people ("feeds" a teddy bear)

imitate adults and playmates (runs when other children run)

## 2 years

points to object or picture when named

uses 2 to 4-word phrases

follows simple instructions

becomes more interested in other children

turns over container to dump out contents

## 18 months

does simple pretend play ("talks" on a toy phone)

points to interesting objects

looks at an object when you point to it and tell him or her to "look!"

uses several single words unprompted

## 1 year

uses simple gestures (such as waving "bye bye")

imitates actions in play (claps when you clap)

responds when told "no"

says "mama" and "dada"

responds to simple verbal requests



## 3 feet

## 2 feet

## 1 foot

- 47"
- 46"
- 45"
- 44"
- 43"
- 42"
- 41"
- 40"
- 39"
- 38"
- 37"
- 35"
- 34"
- 33"
- 32"
- 31"
- 30"
- 29"
- 28"
- 27"
- 26"
- 25"
- 23"
- 22"
- 21"
- 20"
- 19"
- 18"
- 17"
- 16"
- 15"
- 14"
- 13"



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Learn the Signs. Act Early.