

REQUEST FOR PROPOSAL

DATE: July 3, 2017

TO: All Interested Parties

FROM: Far Northern Regional Center (FNRC) Community Service Division

RE: Request for Psychiatric Service/Consultation

Awarded to Native American Mental Health Services on 7/31/17

The Far Northern Regional Center (FNRC) is a private nonprofit organization under contract with the California Department of Developmental Services (DDS). FNRC is part of a statewide network of 21 Regional Centers responsible for the coordination and development of service to meet the needs of people with developmental disabilities in Shasta, Butte, Tehama, Siskiyou, Modoc, Trinity, Glenn, Lassen and Plumas Counties.

FNRC is seeking proposals for the coordination and/or development of accessible psychiatric services for clients residing in FNRC's service catchment area. This will involve reaching out to public generic agencies or private entities. Applicant will also work with inpatient clients to assist with transitioning out of secured treatment settings. This will include collaboration with mental health professions, medical care providers, FNRC staffs, direct care providers and families to assure proper supports are in place prior to client discharge. Applicant will also provide education and support to community healthcare agencies to prevent clients from placement in a more restrictive settings. The desired outcome is to assure clients, who are transitioning out of development centers and those at risk of moving into a more restrictive environment, receive proper psychiatric care. Client mental stabilization is the ultimate goal.

Applicant will need to come up with a training plan to educate residential service providers, community professionals, and FNRC staffs to build interagency collaboration in providing treatment and support to individuals with intellectual disabilities and mental health diagnosis. Training should include how to communicate effectively to health care professionals on client psychiatric needs and outreach on preventive measures for inpatient mental health treatments. Applicant will also communicate with health care providers about the role of the regional center when it comes to psychiatric treatments for its clients. Applicant will work with FNRC case management to assure appropriate measures are in place during crisis situations as it relates mental illness.

Applicant will need to be available, for collaboration with medical staffs, when clients are taken to hospitals for mental health evaluations and during crisis situations. The applicant will act as the liaison for the client's transitions of mental health care needs, including setting and assuring follow up appointments and proper medications are in place. It may involve setting up multi-disciplinary team meetings to develop plans on preventing future psychiatric breakdowns or deterioration of client mental health status.

Prospective applicants must have experience in providing services and supports to individuals with developmental disabilities, including dual diagnosis of Developmental Delay and Mental Health Disorders, potential forensic involvement, substance abuse, behavioral needs, and cognitively challenged, and other medical diagnosis. Applicant must have good knowledge and connection of local psychiatric resources and how Medi-Cal/Medi-Care insurances affect access to psychiatric care needs. Applicant must also have direct access to a psychiatrist to assist with client care. Applicant will be working with clients with challenging behaviors accompanied by psychiatric needs including the need for inpatient hospitalization where as conventional services in the past have failed. Applicant will come into contact and may interact with clients during team meetings or during medical appointments. Prospective applicant should have strong grasp of the local county mental health service system and experience in implementing and accessing psychiatric treatment.

Start up funding is available through FNRC's Community Placement Plan (CPP) funding. CPP provides services and resources to assist with moving individuals who reside at State Development Centers into the community, as well as assist individuals who are at risk of having to move into living settings outside of his or her home. Start up funding for the development is up to \$200,000.00.

All interested parties are required to submit a proposal to FNRC. Proposals should include:

- a) A letter listing the applicant's name, address, phone number.
- b) Description of the applicant's education, experience related to the field of developmental disabilities and psychiatric services.
- c) Service model proposal to meet the healthcare needs of Regional Center consumers.
- d) A statement outlining the applicant's plan to serve diverse populations, including, but limited to, culturally and linguistically diverse populations.
- e) Budget proposal for the development of this program.

Please submit proposals to:

Kao Saechao
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Community Service Division
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(530) 221-9546
Email: ksaechao@farnorthernrc.org

Application deadline: July 17, 2017 by 5pm.

Applicants who meet the proposal criteria will be contacted and may be invited to participate in an interview process. Please contact Kao Saechao should you have any question(s) regarding this proposal.