

## How to Find Resources During the COVID-19 Pandemic

<b>County</b>	<b>By Phone</b>	<b>Online</b>	<b>Other</b>
Modoc	530-233-1350 Monday-Friday 8am-5pm	<a href="http://www.modocsheriff.us">www.modocsheriff.us</a>	Facebook: Modoc County Public Health
Lassen	530-251-8100	<a href="http://www.lassencares.org">www.lassencares.org</a>	Facebook: Lassen County Public Health
Shasta	2-1-1 (24/7/365) Or Text "Coronavirus" to 2-1-1	<a href="http://www.211norcal.org">www.211norcal.org</a>	Facebook: 211 NorCal
Tehama	2-1-1 (24/7/365) Or Text "Coronavirus" to 2-1-1	<a href="http://www.211norcal.org">www.211norcal.org</a>	Facebook: 211 NorCal
Butte	2-1-1 (24/7/365) Or 530-552-3050 (8am-5pm 7days/week)	<a href="http://www.helpcentral.org">www.helpcentral.org</a>	Facebook: Butte County Public Health
Glenn	2-1-1 (24/7/365)	<a href="http://www.helpcentral.org">www.helpcentral.org</a>	Facebook: Glenn County Health and Human Services Agency
Plumas	530-283-6400	<a href="http://www.plumascounty.us">www.plumascounty.us</a>	Email: COVID19@countyofplumas.com
Siskiyou	530-841-2134	<a href="http://www.co.siskiyou.ca.us">www.co.siskiyou.ca.us</a>	Facebook: Healthy Siskiyou County Siskiyou County Public Health
Trinity	530-623-1116	<a href="http://www.trinitycounty.org">www.trinitycounty.org</a>	Facebook: Trinity County Health and Human Services