

Self Determination



The Self-Determination Program has been life changing for many regional center clients by giving them more independence, freedom, and control over their services and lives.

This program provides families with more control and flexibility over needed services and supports. Participants are provided with an individual budget, from which they can purchase services and supports to implement the individual plan program or IPP.

This means that families can purchase services from traditional providers or local businesses, hire their support workers directly, or negotiate arrangements with groups and individuals in their communities.

Attend an Orientation to learn more about this beneficial program or contact your service coordinator for more information, or the Self-Determination team:

Lai Saelee, 530-221-9507

Morgan Curtiz, 530-332-1443

En español, Martha Alvarez, 530-332-1481



2023 Orientation Schedule for Self Determination:

January 10, 10am to 12pm

February 14, 3pm-5pm

March 7, 5:30pm-7:30pm

April 11, 10am-12pm

May 09, 3pm-5pm

June 13, 5:30-7:30pm

July 11, 10am to 12pm

August 8, 3pm to 5pm

September 12, 5:30pm to 7:30pm

October 10, 10am-12pm

November 14, 3pm-5pm

December 12, 10am-12pm

Please join us via Zoom:

Meeting ID: 843 9196 3507

Passcode: SDP2023

Or via phone at 1-669-900-9128

Passcode: 9200801

Registration not required

If you need an interpreter in any language please contact Martha Alvarez

