The Self-Determination Program has been life changing for many regional center clients by giving them more independence, freedom, and control over their services and lives.

This program provides families with more control and flexibility over needed services and supports. Participants are provided with an individual budget, from which they can purchase services and supports to implement the individual plan program or IPP.

This means that families can purchase services from traditional providers or local businesses, hire their support workers directly, or negotiate arrangements with groups and individuals in their communities.

Attend an Orientation to learn more about this beneficial program or contact your service coordinator for more information, or the Self-Determination team:

Morgan Curtiz, 530-332-1443
En español, Martha Alvarez, 530-332-1481

2023 Orientation Schedule for Self Determination:

- January 10, 10am to 12pm
- February 14, 3pm-5pm
- March 7, 5:30pm-7:30pm
- April 11, 10am-12pm
- May 09, 3pm-5pm
- June 13, **Cancelled**
- July 11, 10am to 12pm
- August 8, 3pm to 5pm
- September 12, 5:30pm to 7:30pm
- October 10, 10am-12pm
- November 14, 3pm-5pm
- December 12, 10am-12pm

Please join us via Zoom:

Meeting ID: 843 9196 3507
Passcode: SDP2023
Or via phone at 1-669-900-9128
Passcode: 9200801

Registration not required

*If you need an interpreter in any language please contact Martha Alvarez*